



# City of Laredo - Recovery Support Services Resource Directory

A publication of the  
**RECOVERY SUPPORT SERVICES  
PROGRAMS OF SCAN**



WHERE PEERS HELP PEERS

Updated November 2024

## Overview

This directory is not meant to provide an exhaustive list of all available community resources to help meet individuals' recovery support needs. Instead, it is designed to help people needing recovery support services identify some of the many qualified and available service providers in the community. This directory focuses on providing information about services primarily free to the public or services provided on a sliding fee scale based on an individual's ability to pay. Being listed in this directory does not mean that the Recovery Support Services Programs of SCAN necessarily endorses or recommends these agencies or organizations. At the time the directory was completed, the Recovery Support Services Programs of SCAN attempted to ensure that all of the information contained herein was as accurate as possible. If any information provided is incorrect, we ask that you please contact us by phone at 956-608-3853 or 956-568-6227 or by e-mail at [info@scan-inc.org](mailto:info@scan-inc.org).

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## **TWELVE (12) STEP PROGRAMS**

### **AA GRATITUDE GROUP**

4120 San Bernardo Ave., Ste. 6, Laredo, TX 78041

Phone: 956.722.9001

Cell: 956.206.0625

#### ***Hours:***

Mon.-Sat. 12:00 noon

Sunday 10:00 a.m. (Open Meetings)

Mon.-Fri. 6:30 p.m.-7:30 p.m. (Spanish-Closed Meetings)

Sat.10:00am (Spanish-Closed Meeting)

Sun.11:00am (Spanish-Closed Meeting)

#### ***Services Provided:***

Open meetings; disabled access.

#### ***Fees:***

None

### **AA GRUPO 17 DE FEBRERO**

1502 Laredo St., Ste. 4, Laredo, TX 78041

Contact: Roberto Calderon

Phone: 956.231.6808

#### ***Hours:***

Mon.-Sat. 8:00 p.m.-10:00 p.m.

#### ***Services Provided:***

Group meetings, Open Meetings in English and Spanish, Disabled access.

#### ***Fees:***

None

## **AA GRUPO DOS LAREDOS**

216 N. Zapata Hwy, Ste. 17, Laredo, TX 78046

Contact: Ricardo Garza

Phone: 956.635.7937

### ***Hours:***

Mon.-Sat. 8:00 p.m.-10:00 p.m. (Spanish)

### ***Services Provided:***

Group Meetings

### ***Fees:***

None

## **AA GRUPO NUEVA VIDA**

818 Gonzalez St., Laredo, TX 78040

Phone: 956.568.6263

### ***Hours:***

Mon.-Sun. 8:00 p.m.-10:00 p.m.

Sunday Morning 10:00 a.m.-12:00 p.m.

### ***Services Provided:***

Open group meetings in Spanish; disabled access.

### ***Fees:***

None

## **AL-ANON SERENITY GROUP**

4120 San Bernardo Ave., Ste. 4, Laredo, TX 78041

Contact: Myrthala  
Phone: 956.337.4805

### ***Hours:***

Tues. 6:00 p.m.-7:30 p.m. (bilingual)

Fri. 12:00 p.m.-1:00 p.m. (bilingual)

\*Online meetings only at present time.

Contact Myrthala for daily website to attend meeting.

### ***Services Provided:***

Open meetings

### ***Fees:***

None

## **COCAINE ANONYMOUS**

6103 North McPherson Rd., Laredo, TX 78045

Phone: 1-800-347-8998

### ***Hours:***

Mon., Tues., Thurs., Fri. & Sat.

7:00 p.m.-8:00 p.m. (Bilingual)

### ***Services Provided:***

Open meetings; Disabled access

### ***Fees:***

None

## **PRIMARY PURPOSE AA & CA GROUP**

6202 McPherson Rd., Ste 2, Laredo, TX 78041

Phone: (Not available)

### ***Hours:***

Mon.-Sun. 7:00pm-8:00pm (CA group)

Mon.-Fri. 12:00pm-1:00pm (AA group)

Sun. 8:00pm-9:00pm (Warriors Anonymous for PD and Veterans)

### ***Services Provided:***

In-person open discussion meetings

### ***Fees:***

None

# SERVING CHILDREN AND ADULTS IN NEED (SCAN)

## Programs and Services



**Webb County Programs & Services • FY2024-2025**

**1605 Saldana Ave. Laredo, TX 78041 • Phone (956) 724-3177 • Fax (956) 724-4861 • 1-800-355-SCAN**

**Website: [www.scan-inc.org](http://www.scan-inc.org)**

Treatment	Recovery	Intervention	Prevention	Mental Health/ Trauma/Other	
<p>●<b>Adult Outpatient Treatment:</b> (956) 724-3177 – Provides outpatient drug treatment to adults 18 years and older.</p> <p>●<b>COPSD:</b> (956) 724-3177 – Provides case management to individuals who have mental health and drug use disorders.</p> <p>●<b>DWI Outpatient Program:</b> (956) 724-3177 – Provides court-supervised drug treatment to people referred by County Court at Law II.</p> <p>●<b>Familias Unidas Program:</b> (956) 724-3177 – Provides outpatient drug treatment to youth and young adults ages 12 to 25.</p> <p>●<b>Serenidad Recovery Home for Adult Females:</b> (956) 791-7800 – Provides residential drug treatment services to adult females.</p> <p>●<b>Serenidad Recovery Home for Adult Males:</b> (956) 728-9131 – Provides residential drug treatment services to adult males.</p> <p>●<b>South Texas Medication Assisted Treatment (MAT) Enhancement and Recovery Project:</b> (956) 724-3177 – Provides MAT for adults with an opioid use disorder.</p> <p>●<b>Specialized Female Outpatient:</b> (956) 724-3177 – Provides outpatient drug treatment to adult women who are parenting or pregnant.</p>	<p>●<b>Drop-In Center:</b> (956) 568-6227 – Provides peer-oriented recovery services to adolescents (13-17) adults (18 and over) with a history of drug use. 24/7 hotline and services.</p> <p>●<b>Todo Es Posible Recovery Support Services:</b> (956) 568-6227 – Provides recovery support services to adults with a history of drug use.</p> <p>●<b>Youth Recovery Community Services:</b> (956) 608-3853 – Provides peer-to-peer recovery support services to individuals ages 13 to 21.</p>	<p>●<b>Emergency Youth Shelter:</b> (956) 725-7211 – Provides residential services for children ages 0 to 17.</p> <p>●<b>FAYS:</b> (956) 568-7105 – Provides intervention services to youth ages 6 to 17 and their caregivers.</p> <p>●<b>SCAN Alcohol Intervention Services:</b> (956) 724-3177 – Provides alcohol intervention services to TAMIU students who are experiencing or are at-risk of experiencing problems with alcohol.</p>	<p>●<b>Fatherhood EFFECT Program:</b> (956) 724-3177 – Provides support and evidence-based education to fathers, father figures, and expectant fathers with children 0 to 17 years of age.</p> <p>●<b>Family Resource Center:</b> (956) 608-3852 – Helps parents, families, and children locate and use local resources.</p> <p>●<b>Futuros Positivos YPI Webb:</b> (956) 568-7105 – Provides drug prevention to youth in grades 8 to 12.</p> <p>●<b>Futuros Saludables YPS Webb:</b> (956) 568-7105 – Provides drug prevention to youth in grades K to 12.</p> <p>●<b>Innovative Healing Centered Project (IHCP):</b> (956) 568-7105 – Provides intervention services to youth in grades 5 to 8. Also provides screening and referral services to individuals aged 16 to 25.</p> <p>●<b>Laredo Drug Prevention Alliance (LDPA):</b> (956) 608-3850 – Provides substance misuse prevention services to youth and adults.</p> <p>●<b>Project HOPES:</b> (956) 724-3177 – Provides support to families with children ages 0 to 5 to increase protective factors.</p> <p>●<b>SASI Education:</b> (956) 568-7105 – Provides curriculum based lessons and activities focused on raising awareness of sexual violence for adults.</p> <p>●<b>Texas Home Visiting:</b> (956) 724-3177 – Provides support to families with children ages</p>	<p>●<b>Border Traumatic Stress Response Center:</b> (956) 724-3177 – Provides trauma-focused counseling services to youth ages 3 to 17.</p> <p>●<b>Frontera HIV and Mental Health Treatment Expansion Project:</b> (956) 568-7105 – Provides mental health treatment and HIV prevention and intervention.</p> <p>●<b>Infant &amp; Early Childhood Mental Health Consultation (IECMHC):</b> (956) 724-3177 – Pairs a mental health consultant with adults who work with infants and young children to facilitate their healthy social and emotional development.</p> <p>●<b>Mental Health Awareness Training:</b> (956) 724-3177 – Trains individuals to respond appropriately and safely to people with mental disorders.</p> <p>●<b>SASI:</b> (956) 568-7105 – Provides 24-hour crisis intervention and emotional support services for survivors of rape/sexual violence.</p> <p>●<b>SASI Counseling:</b> (956) 568-7105 – Provides evidence-based trauma-focused counseling to youth and adults who have experienced sexual and physical violence, domestic violence, or are crime victims.</p>	<p>●<b>SCAN-LISD AWARE Project:</b> (956) 608-3850 – Provides school-based mental health and substance abuse prevention and intervention services to youth and their families. Provides training to school district employees.</p> <p>●<b>Serenidad Behavioral Health:</b> (956) 568-7105 – Provides evidence-based services for adults, youth, and families with serious mental illness, serious emotional disturbance, or co-occurring disorder who are homeless or at risk of imminent homelessness.</p> <p>●<b>SMART Program:</b> (956) 724-3177 – Provides evidence-based early mental health prevention services to children 0 to 14 years of age and their parents/caregivers.</p>



<p>●<b>Youth Outpatient Program:</b> (956) 724-3177 – Provides outpatient drug treatment to youth ages 13 to 17.</p> <p>●<b>Youth Recovery Home:</b> (956) 723-0200 – Provides residential drug treatment services to males ages 13 to 17.</p>			<p>5 to 18 months to increase protective factors.</p> <p>●<b>Webb County Community Coalition:</b> (956) 608-3850 – Mobilizes community members to help prevent drug use in Webb, Zapata, and Starr Counties.</p> <p>●<b>Webb County Young Child's Wellness Council:</b> (956) 724-3177 – Focuses on promoting the healthy development and wellness of young children (ages 0 to 8) in Webb County.</p>		
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## **MISCELLANEOUS AGENCIES/ORGANIZATIONS**

### **CITY OF LAREDO – ASSISTED OUTPATIENT TREATMENT (AOT)**

209 W. Village Blvd., Suite 7, Laredo, TX 78041

Phone: 956.679.0722

#### ***Office Hours:***

Mon.-Fri. 8:00 a.m.-5:00 p.m.

#### ***Services Provided:***

Intensive case management, virtual psychiatry care, medical care, counseling, and referrals to community resources.

#### ***Credentials:***

Licensed Professional Counselors (LPC/LPC Associates); Licensed Chemical Dependency Counselors (LCDC)

#### ***Fees:***

None

## **PSYCHOTHERAPY & COUNSELING ASSOCIATES**

1115 Chihuahua St., Ste. A, Laredo, TX 78040

Contact: Dr. Henry Carranza

Phone: 956.796.9335

E-mail: carranzahen@yahoo.com

#### ***Office Hours:***

Tue.-Fri. 10:00 a.m.-3:00 p.m.; Sat. 10:30 a.m.-4:30 p.m.

#### ***Services Provided:***

Psychotherapy, counseling, hypnosis, substance abuse and relaxation therapy for children, adolescents, adults, and geriatric individuals

***Credentials:***

Dr. Henry Carranza, Ph.D. in Psychology; Licensed Professional Counselor (LPC)

***Fees:***

Medicaid and CHIPs accepted; Private pay arrangements available

**TEXAS A&M INTERNATIONAL UNIVERSITY (TAMIU)**

**Community Counseling Center**

5201 University Blvd., Billy Cowart Hall Room 213, Laredo, TX 78041

Contact: Dr. Adriana Blasco-Rubio,  
Center Director

Phone: 956.326.3120

***Office Hours:***

Monday through Friday. Hours vary by semester. By appointment only. Phone screening required prior to any appointment.

***Services Offered:***

Individual Counseling (Adults, Adolescents, Children 6+ Years of Age),  
Psychoeducational Workshops, Psychoeducational Groups, and Referrals.

***Issues Addressed:***

Career/Life Decisions; Feelings of Sadness, Anger, or Fear; Relocation; Bicultural Conflicts, Feeling Overwhelmed; Stress, Indecisiveness; Lack of Direction, etc.

***Credentials:***

Graduate student interns in the Master of Arts in Counseling Psychology Program provide counseling services under direct supervision of licensed clinical psychologists and licensed professional counselors

***Fees:***

None

## **AAMA: CONCILIO HISPANO LIBRE**

1205 East Hillside Rd., Ste. B., Laredo, TX 78041

Contact: Fernando Lozano

Phone: 956.728.0440

Crisis/After Hours: 1.800.643.1102

E-mail: fernandolozanzo@aama.org

### ***Office Hours:***

Monday through Friday: 7:00 a.m.-3:00 p.m.

### ***Services Provided:***

(Adults with heroin addiction)-Methadone Maintenance and Professional Counseling: Family Counseling, Individual Counseling, Chemical Dependency Counseling, Group Counseling, and Community Presentations.

### ***Credentials:***

Licensed Chemical Dependency Counselor (LCDC)

### ***Fees:***

None (funded by UTSA/TX MOUD)

## **CALVARY CENTER**

102 E. Lyon St., Laredo, TX 78040

Contact: Pastor Juan Garza

Phone: 956.723.1972

### ***Office Hours:***

Mon.-Fri. Open 24 hours daily

### ***Services Provided:***

Drug and alcohol counseling

### ***Fees:***

None

### ***Ages:***

17yrs +

## **BETHANY HOUSE OF LAREDO**

817 Hidalgo, Laredo, TX 78040

Phone: 956.722.4152

E-mail: [info@bethanyhouseoflaredo.org](mailto:info@bethanyhouseoflaredo.org)

### ***Office Hours:***

Mon.-Fri. 9:00 a.m.–5:00 p.m.

### ***Services Provided:***

Transitional housing, male and female shelter, laundry facilities, educational center for children and adults, on-site meals, homebound meals, kid's café, street corner meals, food pantry.

### ***Fees:***

None

## **BORDER REGION BEHAVIORAL HEALTH CENTER**

1500 Pappas, Laredo, TX 78041

Phone: 956.794.3000

### ***Office Hours:***

Mon.-Fri. 8:00 a.m.–5:00 p.m.

### ***Services Provided:***

Adult mental health, children's mental health, intellectual and developmental disabilities program.

### ***Fees:***

None

## **CASA DE MISERICORDIA**

If you think you are a victim of domestic violence, please call the number below.

Phone: 956.712.9591

### ***Office Hours:***

N/A

### ***Services Provided:***

Emergency shelter, counseling and support groups to victims of domestic violence, legal assistance, residential shelter with 24-hour hotline, counseling services for adults, outreach education, non-residential/outreach services, community referrals, assistance with judicial system, recreation center for women and children, shelter services.

### ***Fees:***

None

## **CATHOLIC SOCIAL SERVICES**

1919 Cedar Ave., Laredo, TX 78040

Phone: 956.722.2443

### ***Office Hours:***

Mon.-Fri., 8:00 a.m. – 5:00 p.m.

### ***Services Provided:***

Rent assistance, eviction prevention, homeless programs, debt assistance, immigration services, and adoption help.

### ***Fees:***

None

**CHRIST CHURCH EPISCOPAL**

2320 Lane Street, Laredo, TX 78043

Phone: 956.242.0448

E-mail: christchurchlaredo@gmail.com

***Office Hours:***

Mon.-Fri. 8:00 a.m.–5:00 p.m.

***Services Provided:***

New Leaven Food Program (Saturdays from 9:00-11:00 a.m.)

***Fees:***

None

**CITY OF LAREDO PUBLIC HEALTH DEPARTMENT**

2600 Cedar Ave., Laredo, TX 78040

Phone: 956.795.4900

***Office Hours:***

Mon.-Fri. 8:00 a.m.–5:00 p.m.

***Services Provided:***

Dental clinic, environmental health services, food management, hypertension and diabetes screening, maternal and child health services, tuberculosis screening and treatment, HIV/AIDS/STD's services, immunizations, pharmacy, WIC services, health education.

***Fees:***

Varies by service

## **CITY OF LAREDO PUBLIC LIBRARY**

1120 E. Calton Rd., Laredo, TX 78041

Phone: 956.795.2400

### ***Office Hours:***

Mon.-Sat. 9:00 a.m.–6:00 p.m.

Sun. 1:00 p.m.-5:00 p.m.

### ***Services Provided:***

Library cards and services, e-books, computer and internet access

## **GATEWAY COMMUNITY HEALTH CENTER**

1515 Pappas, Laredo, TX 78041

Phone: 956.795.8100

### ***Office Hours:***

Mon.-Fri. 8:00 a.m.–5:00 p.m.

### ***Services Provided:***

Primary health care, women's health care, behavioral health care, oral health services, specialty care services, adult care services, support services, pharmacy, pediatrics, and health education.

### ***Fees:***

Medicaid, lower out-of-pocket fees



## **GOODWILL INDUSTRIES**

5901 San Dario Ave., Laredo, TX 78041

Phone: 210.924.8581

### ***Office Hours:***

Mon.-Sat. 10:00 a.m.–8:00 p.m.

Sun. 10:00 a.m. – 7:00 p.m.

### ***Services Provided:***

Educational programs, career building, job preparation, job placement, veteran's resources, mentoring programs.

### ***Fees:***

None

## **MERCY MINISTRIES OF LAREDO**

2500 Zacatecas St., Laredo, TX 78046

Phone: 956.718.6810

### ***Office Hours:***

Mon.-Fri., 8:00 a.m. – 5:00 p.m.

### ***Services Provided:***

Advocacy, adult dental care, cancer program, diabetes center general medicine, health education, medication assistance, mobile clinic, outreach and education, social services, and women's health services.

### ***Fees:***

Services are provided to the uninsured.

**SALVATION ARMY**

408 Matamoros Street, Laredo, TX, 78040

Phone: 956.723.2349

***Services Provided:***

Disaster services, emergency financial assistance, emergency shelter, food and nutrition programs

***Fees:***

None

**WORKFORCE SOLUTIONS OF SOUTH TEXAS**

1406 Jacaman Rd., Suite A, Laredo, TX 78041

Phone: 956.794.6500

***Office Hours:***

Mon.-Fri. 8:00 a.m.–5:00 p.m.

***Services Provided:***

Job training, workplace education, child care and educational programs.

***Fees:***

None

## **Youth Recovery Community Services (YRCS) Program**

2100 Corpus Christi St., Suite 2  
Laredo, Texas 78040  
Phone (956) 608-3853



## **Todo es Posible Recovery Support Services (RSS) Program**

1303 Seymour  
Laredo, Texas 78040  
Phone: (956) 568-6227

[www.scan-inc.org](http://www.scan-inc.org)



*Creating Stronger Communities by Empowering People*